

# Referenzen/Références



Philippe FURGER, MD, CME  
Mireille SCHAUFELBERGER, MD

unter Mitarbeit von:  
Fiona ANGERER

## Schweiz/Suisse

Deutsch:

- Algo-SURF 2011, Erstausgabe

Français:

- Algo-SURF 2011/12 (en préparation)

## Canada (Québec)

- Algo-SURF 2011/12 (en préparation)

### Auteurs/Autoren:

Philippe **FURGER**  
Mireille **SCHAUFELBERGER**

### Co-Autoren:

Fiona **ANGERER**, Praktizierende Ärztin  
Andreas E. **STUCK**, MD, Prof.  
Christian **GARZONI**, MD  
Robert M. **KALICKI**, MD  
Dominik **UEHLINGER**, MD, Prof.

### Kollaboration mit:

**BIHAM** + Universitätsspital Bern



### Editeur/Verleger:

Editions D&F GmbH  
Rosenbergstrasse 102  
8212 Neuhausen am Rheinfall  
052 | 672 18 58  
info@investimed.ch  
www.investimed.ch



### WEB:

www.investimed.ch

## Alkohol: AUDI Evaluationstest

- Babor TF, Higgings-Biddle JC, Saunders JB et al. The Alcohol disorders Identification Test, Guidelines for use in Primary Care. Second edition. WHO, Report 2001.  
[http://whqlibdoc.who.int/hq/2001/who\\_msd\\_msb\\_01.6.a.pdf](http://whqlibdoc.who.int/hq/2001/who_msd_msb_01.6.a.pdf)
- Neuner-Jehle St, Heiner F. Comment aborder le problème d'alcool en consultation? PrimaryCare 2011; 11 :24-6.

## Anämie

- Heaton B, Savage D, Brust JCM et al. Neurologic aspects of cobalamin deficiency. Medicine 1991 ;70 :229-44.
- Guyatt GH, Oxman AD, Ali M, et al. Laboratory diagnosis of iron-deficiency anemia: an overview. J Gen Intern Med 1992 ;7 :145-53.
- Lee R, et al (eds). Clinical hematology. 1993, Lea & Febiger.
- Stalder M. Une anémie peut en cacher une autre. Rev Med Suisse Rom 19193 ;113 :1019-23.
- Beris P, Tobler A. Diagnostic de l'anémie. Med Hyg 1997 ;55 :1812-6.
- Ruedin P. Traitement de l'anémie liée à l'insuffisance rénale chronique. Med Hyg 1998 ;56 :2081-4.
- Olivieri NF. The beta-thalassemias. N Engl J Med 1999 ;341 :99-109. [Erratum: N Engl J Med 1999 ;341 :1407].
- Bernini LF, Hartevelde CL. Alpha-thalassaemia. Baillieres Clin Haematol 1998 ;11 :53-90.

## Ataxie - Gangstörung

- Hufschmidt H, Lücking C.H. in: Neurologie Compact. Thieme Verlag 1999. S: 19 ff
- Kaufmann W. (ed) in: Internistische Differentialdiagnostik. 4. Auflage Schattauer Verlag 1997. S: 712.

## Bauchschmerz - Akutes Abdomen

- Kirchgatterer A, Bunte Chr. Die mikroskopische Kolitis: eine unterschätzte Erkrankung? Facharzt 2008 ;3 :6-8.
- Bohr J, Tysk C, Eriksson S et al. Collagenous colitis: a retrospective study of clinical presentation and treatment in 163 patients. Gut 1996 ;39 :846-51.

## Delirium – Verwirrtheit und Demenz

- Giannakopoulos P, et al. Démances et détérioration. Pathologie Médicale. Masson, 1995 ;2 :405-17.
- Giannakopoulos P, et al. Confusion mentale. Pathologie Médicale. Masson, 1995 ;2 :418-28.
- Polvikoski T, Sulkava R, Haltia M, et al. Apolipoprotein E, Dementia, and cortical deposition of beta-amyloid protein: N Engl J Med 1995 ;333 :1242-7.
- Diagnostisches und statistisches Manual psychischer Störungen DSM-IV. Göttingen: Hogrefe-Verlag; 1996.
- McKeith LG, Galasko D, Kosaka K, et al. Consensus guidelines for the clinical and pathologic diagnosis of dementia with Lewy bodies (DLB): Report of the consortium on DLB international workshop. Neurology 1996 ;47 :113-24.
- Hock C, Müller-Spahn F. Verwirrheitszustände im Alter. Schweiz Rundsch Med Prax 1999 ;88 :998-1006.
- Ott A, Stolk RP, van Harskamp F, et al. Diabetes mellitus and the risk of dementia: The Rotterdam Study. Neurology 1999 ;53 :1937-42.
- Gregg EW, Yaffe K, Cauley JA, et al. Is diabetes associated with cognitive impairment and cognitive decline among older women? Study of osteoporotic fractures research group. Arch Intern Med 2000 ;160 :174-80.
- Seshadri S, Beiser A, Selhub J, et al. Plasma homocysteine as a risk factor for dementia and Alzheimer's disease. N Engl J Med 2002 ;346 :476-83.
- Ely EW, Truman B, Shintani A, et al. Monitoring seda-

- tion status over time in ICU patients: reliability and validity of the Richmond Agitation-Sedation Scale (RASS). JAMA 2003 ;289 :2983-91.
- Shadlen M et al. Evaluation of cognitive impairment and dementia. UpToDate 2009
- Shadlen I, Larson EB. Dementia syndromes. UpToDate 2009
- Continuum Medical Education. Demnz Teil 1: Definition / Ursachen / Abklärungsstrategie. PRAXIS 2010 ;99: 1179-89.

## Diarrhoe: akut/chronisch

- American Gastroenterological Association medical position statement: Guidelines for the evaluation and management of chronic diarrhea 1999; 116: 1461-63.
- Tibble et al. A simple method for assessing intestinal inflammation in Crohn's disease. Gut 2000; 47: 506-13
- Role of faecal calprotectin as non-invasive marker of intestinal inflammation. Costa F et al. Dig Liver Dis. 2003; 35 :642-7.
- Staehelin HB. Epidemiologie der Demenzkrankheiten. Schweiz Med For 2004 ;4 :247-50
- Costa F, Mumolo MG, Ceccarelli L et al. Calprotectin is a stronger predictive marker of relapse in ulcerative colitis than in Crohn's disease. Gut 2005; 54: 364-8.
- K. Schröder. In: The 10-Minute Clinical Assessment. Blackwell Publishing, 2010
- UpToDate 2010

## Dysphagie - Schluckstörungen

- Brunkhorst R, Schölmerich J. in: Differenzialdiagnostik und Differenzialtherapie. München: Elsevier GmbH; 2010. S. 204.
- Kaufmann W. (ed) in: Internistische Differentialdiagnostik. 4. Auflage Schattauer Verlag 1997. S: 413.

## Dyspnoe

- Kaufmann W. (ed) in: Internistische Differentialdiagnostik. 4. Auflage Schattauer Verlag 1997. S: 443.
- Brunkhorst R, Schölmerich J. in: Differenzialdiagnostik und Differenzialtherapie. München: Elsevier GmbH; 2010. S. 20.

## Dysurie bei der Frau

- Albrecht MA, Hirsch MS, McGovern BH. Epidemiology, clinical manifestations, and diagnosis of genital herpes simplex virus infection. UpToDate 2009 ([www.utdol.com](http://www.utdol.com) besucht am 30.04.2009).
- Collins RD. Algorithmic Diagnosis of Symptoms and Signs. Philadelphia: Lippincott Williams & Wilkins; 2003. S. 133-134.
- Curhan GC, Aronson MD, Preminger GM, et al. Diagnosis and acute management of suspected nephrolithiasis in adults. UpToDate 2009 ([www.utdol.com](http://www.utdol.com) besucht am 30.04.2009).
- Furger Ph (ed). in: INVESTI-MED. Editions D&F GmbH; 2010. S. 67.
- Furger Ph (ed), Suter Th. M. in: SURF-med. 3. Auflage, Update. Editions D&F GmbH; 2010. S. 642-644, 807-808, 810, 872, 957, 1438-1439.
- Hooton TM, Stamm WE, Calderwood SB, et al. Acute cystitis in women. UpToDate 2009 ([www.utdol.com](http://www.utdol.com) besucht am 30.04.2009).
- Hooton TM, Stamm WE, Calderwood SB, et al. Clinical manifestations; diagnosis; and treatment of acute pyelonephritis. UpToDate 2008 ([www.utdol.com](http://www.utdol.com) besucht am 30.04.2009).
- Komaroff AL, O'Leary MP, Sokol HN. Dysuria in adult women. UpToDate 2008 ([www.utdol.com](http://www.utdol.com), 30.04.2009).
- Meyrier A, Calderwood SB, Baron EL. Urine sampling and culture in the diagnosis of urinary tract infection in adults. UpToDate 2007 ([www.utdol.com](http://www.utdol.com) besucht am 30.04.2009).
- Rabady S, Rebhandl E, Sönnichsen A. EbM-

Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 432-433, 436-437, 456, 475-476, 478, 482-484, 486-487, 982-984.

- Sobel JD, Barbieri RL, Barss VA. Diagnostic approach to women with vaginal discharge or vulvo-vaginal symptoms. UpToDate 2009 (www.utdol.com besucht am 30.04.2009).
- Swygard H, Sena AC, Cohen MS, et al. Neisseria gonorrhoeae infections in women. UpToDate 2009 (www.utdol.com, 30.04.2009).
- Zenilman JM, Bartlett JG, McGovern BH. Genital Chlamydia trachomatis infections in women. UpToDate 2009 (www.utdol.com, 30.04.2009).

## Dysurie beim Mann

- Albrecht MA, Hirsch MS, McGovern BH. Epidemiology, clinical manifestations, and diagnosis of genital herpes simplex virus infection. UpToDate 2009 (www.utdol.com, 30.04.2009).
- Collins RD. Algorithmic Diagnosis of Symptoms and Signs. Philadelphia: Lippincott Williams & Wilkins; 2003. S. 133-134.
- Curhan GC, Aronson MD, Preminger GM, et al. Diagnosis and acute management of suspected nephrolithiasis in adults. UpToDate 2009 (www.utdol.com, 30.04.2009).
- Furger Ph (ed) in: INVESTI-MED. Editions D&F GmbH; 2010. S. 67.
- Furger Ph (ed), Suter Th. M in: SURF-med. 3. Auflage, Update. Editions D&F GmbH; 2010. S. 642-644, 809-813, 872, 957-958, 1428, 1438-1439, 1490-1492.
- Hooton TM, Stamm WE, Calderwood SB, et al. Acute cystitis and asymptomatic bacteriuria in men. UpToDate 2008 (www.utdol.com besucht am 30.04.2009).
- Hooton TM, Stamm WE, Calderwood SB, et al. Clinical manifestations; diagnosis; and treatment of acute pyelonephritis. UpToDate 2008 (www.utdol.com besucht am 30.04.2009).
- Meyrier A, Calderwood SB, Baron EL. Urine sampling and culture in the diagnosis of urinary tract infection in adults. UpToDate 2007 (www.utdol.com besucht am 30.04.2009).
- Meyrier A, Fekete T, Calderwood SB, et al. Acute and chronic bacterial prostatitis. UpToDate 2008 (www.utdol.com besucht am 30.04.2009).
- Rabady S, Rebhandl E, Sönnichsen A. EbM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 432-433, 436-437, 456, 460-462, 465, 475-478, 482-484, 486-487, 984.
- Saini R, Kaplan SA, O'Leary MP, et al. Lower urinary tract symptoms in men. UpToDate 2009 (www.utdol.com besucht am 22.04.2009).
- Swygard H, Cohen MS, Sena AC, et al. Infectious causes of dysuria in adult men. UpToDate 2008 (www.utdol.com besucht am 30.04.2009).
- Swygard H, Sena AC, Cohen MS, et al. Neisseria gonorrhoeae infections in men. UpToDate 2009 (www.utdol.com, 22.04.2009).
- Zenilman JM, Bartlett JG, McGovern BH. Genital Chlamydia trachomatis infections in men. UpToDate 2009 (www.utdol.com, 22.04.2009).

## Exanthem

- Meves A. Intensivkurs Dermatologie. 1. Auflage 2006. Elsevier GmbH, München

## Fieber - FUO

- Humar A, Keystone J. Evaluating fever in travellers returning from tropical countries. BMJ 1996 ;312 :953-6.
- Norman DC, et al. Fever in the elderly. Infect Dis Clin North Am 1996 ;10 :93-9.
- D'Acromont V et al. BMJ 2002 ;324 :875-77.

### FUO

- www.fevertravel.ch
- www.safetravel.ch

- Cunha BA. Fever of unknown origin. Infect Dis Clin North Am 1996 ;10 :111-27.
- Arnow PM, Flaherty JP. Fever of unknown origin. Lancet 1997 ;350 :575-80.
- Hirschmann JV. Fever of unknown origin in adults. Clin Infect Dis 1997 ;24 :291-302.

## Gedächtnisstörung

- Shadlen M et al. Evaluation of cognitive impairment and dementia. UpToDate 2009
- Shadlen J, Larson EB. Dementia syndromes. UpToDate 2009
- Harrison' Principles of Internal 2008

## Halsknoten, Schwellung am Hals

- Bischof P. Der dicke Hals. Schweiz Med Forum 2001; 41: 1025-1031.
- Brunkhorst R, Schölmerich J. in: Differenzialdiagnostik und Differenzialtherapie. München: Elsevier GmbH; 2010. S. 91.
- Emerick K, Lin D, Deschler DG, et al. Differential diagnosis of a neck mass. UpToDate 2009 (www.utdol.com 25.11.2009).
- Lin D, Deschler DG, Brockstein BE, et al. Evaluation of a neck mass. UpToDate 2009 (www.utdol.com, 25.11.2009).
- Michel O. Richtige Entscheidung beim „dicken Hals“. HNO-NACHRICHTEN 2005; 6: 24-27.
- Probst R, Grevers G, Iro H. in: Hals-Nasen-Ohren-Heilkunde. 2. Auflage. Stuttgart: Thieme Verlag; 2004. S. 312-335.
- Rabady S, Rebhandl E, Sönnichsen A. EbM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 1477.

## Hämaturie - Roter Urin

- Corwin HL, Silverstein MD. The diagnosis of nephropathy in patients with asymptomatic microscopic hematuria : a decision analysis. J Urol 1988 ;139 :1002-6.
- Woolhandler S, Pels RJ, Bor DH, et al. Dipstick urinalysis screening of asymptomatic adults for urinary tract disorders. I. Hematuria and proteinuria. JAMA 1989 ;262 :1214-9.
- Murakami S, Igarashi T, Hara S, et al. Strategies for asymptomatic microscopic hematuria : a prospective study of 1,034 patients. J Urol 1990 ;144 :99-101.
- Culciaciure TF, Bray VJ, Hasjager JA. The significance of hematuria in the anticoagulated patient. Arch Intern Med 1994 ;154 :649-52.
- Schröder FH. Microscopic haematuria. BMJ 1994 ;309 :70-2.
- Fogazzi GB, Ponticelli C. Microscopic hematuria diagnosis and management. Nephron 1996 ;72 :125-34.
- Cohen RA, Brown RS. Microscopic hematuria. N Engl J Med 2003 ;248 :2330-8.

## Harninkontinenz

- DuBeau CE, Brubaker L, Schmader KE, et al. Clinical presentation and diagnosis of urinary incontinence. UpToDate 2009 (www.utdol.com 24.09.2009).
- DuBeau CE, Brubaker L, Schmader KE, et al. Epidemiology, risk factors, and pathogenesis of urinary incontinence. UpToDate 2009 (www.utdol.com 24.09.2009).
- DuBeau CE, Schmader KE, Moynihan LK, et al. Patient information: Urinary incontinence. UpToDate 2007 (www.utdol.com 24.09.2009).
- Furger Ph (ed). In: INVESTI-MED. Editions D&F GmbH; 2010. S. 116-120.
- Furger Ph (ed), Suter ThM. SURF-med. 3. Auflage, Update. Editions D&F GmbH; 2010. S. 832, 957-958, 1428, 1490-1492, 1494-1495.
- Niederstadt CJ. Entwicklung einer Evidenz basierten Leitlinie zur Behandlung der Harninkontinenz erwachsener Patienten in der Hausarztpraxis. Hannover 2001.
- Rabady S, Rebhandl E, Sönnichsen A. EbM-

Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 462, 465, 478, 485-486.

- Saini R, Kaplan SA, O'Leary MP, et al. Lower urinary tract symptoms in men. UpToDate 2009 (www.uptodate.com 24.09.2009).
- Schär G. Harninkontinenz bei Frauen – ein häufiges und oft schweres Lebensqualitätsproblem. Schweiz Med Forum 2006; 6: 442-447.
- Stoffel F, Gasser ThC. Die Harninkontinenz beim Mann. Schweiz Med Forum 2001; 48: 1195-1199.

## Husten

- Pratter MR, Bartter Th, Akers St, et al. An algorithmic approach to chronic cough. Ann Intern Med 1993 ;119 :977-83.
- O'Connell F, Thomas VE, Pride NB, et al. Capsaicin cough sensitivity decreases with successful treatment of chronic cough. Am J Respir Crit Care Med 1994 ;150 :374-80.
- Patrick H, Patrick F. Chronic cough. Med Clin North Am 1995 ;79 :361-72.
- Chung KF, Laloo UG. Diagnosis and management of chronic persistent dry cough. Postgrad Med J 1996 ;72 :594-8.
- Lawler WR. An office approach to the diagnosis of chronic cough. Am Family Physician 1998 ;58 :2015-22.
- Smyrniotis NA, Irwin RS, Curley FJ, et al. From a prospective study of chronic cough. Arch Intern Med 1998 ;158 :1222-8.
- Palombini BC, Villanova CAC, Araújo E, et al. A pathogenic triad in chronic cough. Chest 1999 ;116 :279-84.
- Pratter MR, Bartter Th, Lotano R. The role of sinus imaging in the treatment of chronic cough in adults. Chest 1999 ;116 :1287-91.
- Irwin RS, Madison JM. The diagnosis and treatment of cough. N Engl J Med 2000 ;343 :1715-21.
- Irwin RS, Madison JM. Diagnosis and treatment of chronic cough due to gastro-esophageal reflux disease and postnasal drip syndrome. Pulm Pharmacol Ther 2002 ;15 :261-6.
- Madison JM, Irwin RS. Pharmacotherapy of chronic cough. Expert Opin Pharmacother 2003 ;4 :1039-48.
- Stalder H, Rochat Th. Chronischer Husten/Chronischer Husten. Primary Care 2003;3:673–67.
- Morice AH, Fontana GA, Sovijarvi AR, et al. The diagnosis and management of chronic cough. Eur Respir J 2004 ;24:481-92.
- Kastelik JA, Aziz I, Ojoo JC et al. Investigation and management of chronic cough using a probability-based algorithm. Eur Respir J 2005 ;25 :235-43.
- Irwin RS, Baumann MH, Bolser DC, et al. Chest 2006 ;129 (Suppl 1): 1S-23S.
- Kastelik JA, et al. Eur Respir J 2005 ;25 :235-43.
- Morice AH and Committee members Eur Respir J 2004 ;24 :481-92.

## Hypertonie (arterielle HT) - AHT

- www.swisshypertension.ch
- Mancia G, et al. ESH and ESC. J Hypertens 2007 ;25 :1105-87.
- August P. NEJM 2003 ;348 :610-17.
- Chobanian AV, et al. JAMA 2003 ;289 :2560-72.
- O'Brien E. J of Hypertension 2005 ; 23 :697-701.

## Hypo-, Hyperkaliämie

- Milne FJ, Gear JS, Laidley L, Ritchie M, et al. Spot urinary electrolyte concentrations and 24 hour excretion. Lancet 1980 ;2 :1135.
- Blumberg A, Weidmann P, Ferrari P. Effect of prolonged intravenous bicarbonate administration on plasma potassium in terminal renal failure. Kidney Int 1992 ;41 :369-74.
- Wallach J, (ed.) Interpretation of Diagnostic Tests. Little Brown, 1996.
- Gennari FJ. Hypokalemia. N Engl J Med 1998 ;339 :451-8.

- Cohn JN, Kowey PR, Whelton PK, et al. New Guidelines for potassium replacement in clinical practice. Arch Intern Med 2000 ;160 :2429-36.

## Hypo-, Hyperkalzämie

- Reinhard RA, Desbrien NA. Hypomagnesemia in patients entering the ICU. Crit Care Med 1985 ;13 :506-7.
- Whang R. Management deficiency: pathogenesis, prevalence, and clinical implications. Am J Med 1987 ;82 :24-9.
- Arrambide K, Toto RD. Tumor lysis syndrome. Semin Nephrol 1993 ;13 :273-80.
- Wallach J, (ed.). Interpretation of Diagnostic Tests. Little Brown, 1996.
- Lanthier L. Guide pratique de médecine interne. Éditions Formed; 2008. S. 12.
- Brown EM, Rosen CJ, Mulder JE. Disorder of the calcium-sensing receptor: Familial hypocalcemic hypercalcemia and autosomal dominant hypocalcemia. UpToDate 2009 (www.uptodate.com 30.04.2009).
- Fuleihan GH, Silverberg SJ, Rosen CJ, et al. Diagnosis and differential diagnosis of primary hyperparathyroidism. UpToDate 2009 (www.uptodate.com 30.04.2009).
- Rose BD, Post TW, (ed). Clinical physiology of acid-base and electrolyte disorders. 5th edition, McGraw-Hill, New York, 2001.
- Singer GG. Fluid and electrolyte management. In: Ahyia SN. et al. (eds.). The Washington Manual of medical therapeutics. Lippincott Williams & Wilkins, 2001 ;p. 43-75.

## Hypo-, Hypernatriämie

- Schrier RW, Briner A. The differential diagnosis of hyponatremia. Hosp Pract 1990 ;30 :29-37.
- Lauriat SM, Berl T. The hyponatremic patients: Practical focus on therapy. J Am Soc Nephrol 1997 ;8 :1599-1607.
- Kumar S, Berl T. Sodium. Lancet 1998 ;352 :220-8.
- Adrogué HJ, Madias NE. Hyponatremia. N Engl J Med 2000 ;342 :1493-9.
- Adrogué HJ, Madias NE. Hyponatremia. N Engl J Med 2000 ;342 :1581-9.
- Singer GG. Fluid and electrolyte management. In: Ahyia SN. et al. (eds.). The Washington Manual of medical therapeutics. Lippincott Williams & Wilkins, 2001 ;p. 43-75.

## Ikterus - Gelbsucht

- Zimmermann HJ, Deschner KW. Differential diagnosis of jaundice. Hosp Pract (Off Ed) 1987 ;22 :99-103.
- Reisman Y, Gips CH, Lavelle SM, Wilson JHP. Clinical presentation of (sub)clinical jaundice. The Euricterus project in the Netherlands. Hepato-Gastroenterology 1996 ; 43 :1190-5.

## Kopfschmerzen

- Headache Classification Committee of the International Headache Society. Cephalalgia 2004 ; Suppl 1 : S1-S160.
- Cortelli P, et al. Headache 2004 ; 44 :587-95.

## Lymphadenopathie

- Fletcher RH, Berliner N, Landaw SA. Evaluation of peripheral lymphadenopathy in adults. UpToDate 2009 (www.uptodate.com 25.11.2009).
- Furger Ph (ed). in: INVESTI-MED. Editions D&F GmbH; 2010. S. 2-4.
- Furger Ph (ed), Suter Th. M. in: SURF-med. 3. Auflage, Update. Editions D&F GmbH; 2010. S. 736-737, 787, 828-829, 832-839, 861, 890-891, 961-967, 1048-1049.
- Lymphadenopathie. PRAXIS 2009; 98: 565-576.
- Krause M, Schweizer W. Lymphknotenvergrößerungen. Schweiz Med Forum 2002 ;38 :889-893.
- Nüesch R. Lymphadenopathie. Primary Care 2008; 8:

- Rabady S, Rebhandl E, Sönnichsen A. in: EbM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 929-931, 935,

## Müdigkeit - Adynamie

- Fosnocht KM.. J.Ende, Approach to the adult with fatigue. UpToDate Januar 8, 2008
- Lyness JM. Depression: clinical manifestations and diagnosis. UpToDate Dezember 5, 2008
- CME Online-Fortbildung: Müdigkeit. PRAXIS 2009 ;98 :465-471
- Ciechanowski P, Katon W. Overview of generalized anxiety disorder. UpToDate January 26, 2009
- Harrison' Principles of Internal 2008

### Depressions-Screening

- Whooley MA, Avins AL, Miranda J, Browner WS. Case-finding instruments for depression..Two questions are as good as many. J Gen Intern Med 1997; 12:439.
- Arroll B, Khin N, Kerse N. Screening for depression in primary care with verbally asked questions: cross sectional study. BMJ 2003 ;327 :1144.

### Angststörungs-Screening

- Penn State Worry Questionnaire. PSWQ; Meyer, Miller, Metzger & Borkovec, 1990
- Anxiety Screening Questionnaire. ASQ; Wittchen & Perkonig, 1997.
- Spitzer, RL, Kroenke, K, Williams, JB, Lowe, B. A brief measure for assessing generalized anxiety disorder: the GAD-7. Arch Intern Med 2006; 166:1092.

## Muskelkrämpfe

- Lacomis D. Myopathies of systemic disease. UpToDate Juni 22, 2007
- Sheon RP. Nocturnal cramps, night starts and nocturnal myoclonus. UpToDate Februar 15, 2008
- Miller ML. Drug-induced myopathies. UpToDate dezember 24, 2007
- Darras BT. Approach to the metabolic myopathies. UpToDate August 15, 2006
- Goldenberg DI. Differential I diagnosis of fibromyalgia. UpToDate August Mai 11, 2007
- Miller ML. Rhabdomyolysis. UpToDate Dezember 18, 2007
- Wijdkids EFM, Neuroleptic malignant syndrome. UpToDate Oktober 1, 2008
- Miller ML, Rosenson RS. Muscle injury associated with lipid lowering drugs. UpToDate Januar 18, 2009
- Miller ML. Muscle enzymes in the evaluation of neuromuscular disease. UpToDate Februar 4, 2008
- Rutkove SB. Differential diagnosis of peripheral nerve and muscle disease. UpToDate Dezember 1, 2005
- Miller ML. Viral myositis. UpToDate März 13, 2007
- Harrison' Principles of Internal 2008
- Schweizerisches Arzneimittelkompendium 2010
- Sadfi-Charbonnier S, Garin N, Jung M. Prise en charge des crampes idiopathiques des membres inférieurs. Forum Med Suisse 2010 ;10 :321-4.
- Naylor JR, Young JB. A general population survey of rest cramps. Age Ageing. 1994 ;23 :418-20.
- Man-Son-Hing M, Wells G, Laju A. Quinine for nocturnal leg cramps:a meta-analysis including unpublished data. J Gen Intern Med. 1998 ;13 :600-6.
- Frusso R, Zarate M, Augustovski F, Rubinstein A. Magnesium for the treatment of nocturnal leg cramps: a crossover, randomized trial. J Fam Pract. 1999 ;48 :868-71.
- Chan P, Huang TY, Chen YJ, Huang WP, Liu YC. Randomized, doubleblind, placebo-controlled study of the safety and efficacy of vitamin B complex in the treatment of nocturnal leg cramps in elderly patients with hypertension. J Clin Pharmacol. 1998 ;38 :1151-4.

### Restless legs syndrome

- Walters AS. Mov Disord 1995 ;10 :634-42.

## Nausea, Erbrechen

- G.W.Longstreth. Approach to the adult patient with nausea and vomiting. UpToDate, Mai 1, 2009

## Proteinurie

- Nathan DM, Rosenbaum C, Protasowicki D. Single-void urine samples can be used to estimate quantitative microalbuminuria. Diabetes Care 1987 ;10 :414-18.
- De Torrenté A. Analyse d'urine au cabinet médical : méthodes et interprétation. Ther Umsch 1988 ;45 :528-34.
- De Torrenté A. Protéinurie isolée. Schweiz Med Wschr 1989 ;119 :851-3.
- Peterson JC, Adler S, Burkart JM, et al. : MDRD Group : Blood pressure control, proteinuria, and the progression of renal disease : The modification of Diet in Renal Disease Study. Ann Intern Med 1995 ;123 :754-762.
- David S, Wauters JP. Fonction rénale et protéinurie: nouveaux concepts pour vieux dosages. Med Hyg 2001 ;59 :471-81.
- NFK-K/DOQI Clinical practice guidelines for anemia of chronic kidney disease Update 2000. Am Kidney Dis 2001;37 (Suppl 1) :S182-238.

## Pruritus - Juckreiz

- Hagermark O, Wahlgren CF. Treatment itch. Semin Dermatol 1995 ;14 :320-5.
- Kantor GR, Bernhard JD. Investigation of the pruritic patient in daily practice. Semin Dermatol 1995 ;14 :290-6.
- Yosipovitch G, David M. The diagnostic and therapeutic approach to idiopathic generalized pruritus. Int J Dermatol 1999 ;38 :881-7.
- Krajnik M, Zyliz C. Understanding pruritus in systemic disease. J Pain Symptom Manage 2001 ;21 :151-68.
- Streit M. Pruritus. Dermatologische Klinik Universität Bern. 2003.
- Fazio SB, Dellavalle RP, Ofori AO. Pruritus. UpToDate 2008 (www.uptodate.com 16.05.2009).
- Kaufmann W. (ed) in: Internistische Differentialdiagnostik. 4. Auflage. Stuttgart: Schattauer Verlag; 1997. S. 243-250.
- Rabady S, Rebhandl E, Sönnichsen A. in: EbM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 58-60, 406-407, 495-496, 518-520, 604-605, 609-610, 1370-1372, 1379-1380.
- Dummer R. Pruritus und Akne - Wenn die Haut Störsignale sendet. HAUSARZT PRAXIS 2009/12.
- Galambos J. Chronischer Pruritus – Kennen Sie alle Formen? HAUSARZT PRAXIS 2009/ 12.

## Rotes Auge

- Grehn F. In: Augenheilkunde. 30. Auflage 2008.
- Meyer P, Messerli J. Bindehautentzündung. Therapeutische Umschau 2009; 66:153-161
- Gator A, Jeng BH. Red eye for the internist: When to treat, when to refer. Cleveland Clinic Journal of medicine 2008; 75: 137-44.

## Roter Urin

- Collins RD. Algorithmic Diagnosis of Symptoms and Signs. Philadelphia: Lippincott Williams & Wilkins; 2003. S. 208-209.
- Donat SM, Dalbagni G, Herr H, et al. Clinical presentation, diagnosis, and staging of bladder cancer. UpToDate 2008 (www.uptodate.com 30.04.2009).
- Fehr T. Makro- und Mikrohämaturie beim Erwachsenen. PRAXIS 2008; 97: 755-761.
- Hebert LA, Spetie DN, Benedetti C, et al. Loin pain-hematuria syndrome. UpToDate 2008 (www.uptodate.com 30.04.2009).
- Kashtan CE, Glascock RJ, Sheridan AM. Glomerular hematuria: IgA; Alport; thin basement membrane nephropathy. UpToDate 2008 (www.uptodate.com 30.04.2009).

- Kashtan CE, Glasscock RJ, Sheridan AM. Thin basement membrane nephropathy (benign familial hematuria). UpToDate 2008 (www.utdool.com 30.04.2009).
- Mercieri A, Glasscock RJ, Sheridan AM. Exercise-induced hematuria. UpToDate 2008 (www.utdool.com 30.04.2009).
- Rabady S, Rebhandl E, Sönnichsen A. EBM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 432-433, 436-437, 453, 457-462, 465, 475-478, 482-484, 895-896, 959.
- Rose BD, Fletcher RH, Glasscock RJ, et al. Evaluation of hematuria in adults. UpToDate 2008 (www.utdool.com 30.04.2009).
- Rose BD, Glasscock RJ, Sheridan AM. Hematuria following an upper respiratory infection. UpToDate 2007 (www.utdool.com 30.04.2009).
- Rose BD, Glasscock RJ, Sheridan AM. Hematuria: Glomerular versus extraglomerular bleeding. UpToDate 2008 (www.utdool.com 30.04.2009).
- Rose BD, Glasscock RJ, Sheridan AM. Red to brown urine: Hematuria; hemoglobinuria; myoglobinuria. UpToDate 2007 (www.utdool.com 30.04.2009).
- Reid SA, Rivett DA. Manual therapy treatment of cervicogenic dizziness: a systematic review. Man Ther 2005;10 :4-13.
- Yardley L, Donovan-Hall M, Smith HE, et al. Effectiveness of primary care-based vestibular rehabilitation for chronic dizziness. Ann Intern Med 2004 ;141 :598-605.
- Bischoff-Ferrari HA, Dawson-Hughes B, Willett WC, et al. Effect of Vitamin D on falls: a meta-analysis. JAMA 2004 ;291:1999-2006.
- Brandt T. Management of vestibular disorders. J. Neurol 2000; 247: 491-99.
- Hotson JR, Baloh RW. Acute vestibular syndrome. N Engl J Med 1998 ;339 :680-5.
- Minor LD. Superior canal dehiscence syndrome. Am J Otol 2000 ;21 :9-19.
- Brandt T. Vertigo, dizziness and falls in the elderly. In : Vertigo. its multisensory syndromes, London : Springer-Verlag 1999 : 385-92.
- Baloh RW. Vestibular neuritis. N Engl J Med 2003 ;348 :1027-32.

### Vertige positionnel paroxystique

- Dix MR, Hallpike CS. The pathology, symptomatology and diagnosis of certain disorders of the vestibular system. Proc R Soc Med 1952 ;45 :341-54.
- Semont A, Freyss G, Witte E. Vertiges positionnels paroxystiques bénins et manœuvre libératoire. Ann Otolaryngol (Paris) 1980 ;1096 :473-6.
- Semont A. Le vertige paroxystique bénin. In : Le traitement des troubles vestibulaires. Mémoire. Bibliothèque nationale de Paris, 1984.
- Zumstein V, Reglin F. Nystagmus positionnel. In : Les vertiges. Zumstein V, Reglin F. 1990 ; p : 15-16.
- Epley JM. Particle repositioning for benign paroxysmal positional vertigo. Otolaryngol Clin North Am 1996 ;29 :323-31.
- Furman JM, Cass SP. Primary care : Benigne paroxysmal positional vertigo. N Engl J Med 1999 ;341 :1590-6.

### Maladie WALLENBERG

- Frumkin LR, Baloh RW. Wallenberg's syndrome following a neck manipulation. Neurology 1990 ;40 :611-5.
- Rigueiro-Veloso MT, Pego-Reigosa R, Branas-Fernandez-F, et al. Wallenberg syndrome: a review of 25 cases. Rev Neurol 1997 ;25 :1561-4.
- Dinichert A, Rufenacht DA, Tribolet N. Dissecting aneurysms of the posterior inferior cerebellar artery: report of four cases and review of the literature. J Clin Neurosci 2000 ;7 :151-20.

### Maladie de Ménière

- Ménière P. Pathologie auriculaire : mémoire sur les lésions de l'oreille interne donnant lieu à des symptômes de congestion cérébrale aplopectiforme. Gaz Med Paris 1861 ;16 :597-601.
- Saeed SR. Diagnosis and treatment of Ménière's disease. B MJ 1998 ;316 :368-72.

### Déficit cochléo-vestibulaire aigu

- Hotson JR, Baloh RW. Acute vestibular syndrome. N Engl J Med 1998 ;339 :680-5.
- Suzuki H, Furukawa M, Kumagai M et al. Defibrinogenation therapy for idiopathic sudden sensorineural hearing loss in comparison with high-dose steroid therapy. Acta Otolaryngol 2003 ; 123 :46-50.

### Sehstörung - Visusverminderung

- Bochmann F, Schipper I. Das schmerzhaftige Auge. Schweiz Med Forum 2001; 37: 917-922.
- Givre S, Van Stavern GP, Brazis PW, et al. Amaurosis fugax (transient monocular or binocular visual loss). UpToDate 2008 (www.utdool.com 23.09.2009).
- Gloor BP, Landau K, Korach-Demant E. Visusverlust und Sehstörung Teil 1. Schweiz Med Forum 2001; 42: 1057-1063.
- Gloor BP, Sarra G-M. Visusverlust und Sehstörung Teil 2. Schweiz Med Forum 2004; 4: 276-280.
- Grehn F. Augenheilkunde. 30. Auflage. Heidelberg:

## Rückenschmerzen - Lumbalgie

- Wheeler SG, Wipf JE, Stauger TO et al. Approach to the diagnosis and evaluation of low back pain in adults. UpToDate, Mai 29, 2009
- Staiger T, Gatewood M, Wipf JE et al. Diagnostic testing for low back pain. UpToDate, Mai 1, 2009
- Chou R, Qaseem A, Snow V, et al. Diagnosis and treatment of low back pain: A joint clinical practice guideline from the American College of Physicians and the American Pain Society. Ann Intern Med 2007; 147:478-91.
- Speed C. ABC of rheumatology: Low back pain. BMJ 2004 ;328 : 1119-21.
- Koes BW, van Tulder MM, Thomas S. Diagnosis and treatment of low back pain. BMJ 2006 ; 332: 1430-34.
- Laine C, Goldmann D, Wilson JF. Low back pain. Annals of Internal Medicine 2008 ; 148:ITC5-1.

## Schlafstörung

- Bonnet MH, Arand DI. Overview of insomnia. UpToDate, 2008
- Bonnet MH, Arand DI. Types of insomnia, UpToDate, 2008
- Judd BG, Sateia MJ. Classification of sleeping disorders. UpToDate, 2009
- Bloom HG et al. Evidence-based Recommendations for the assessment and Management of Sleep Disorders in Older Persons. JAGS 2009; 57:761-89
- Harrison' Principles of Internal 2008

## Schulterschmerz

- Hawkins RJ et al. Am J Sports Med 1980 ;8 :151-8.
- Sher JS, et al. J Bone Joint Surg Am 1995 ;77 :10-5.
- Würzler CC, et al. Schweiz Med Forum 2007 ;7 :81-6.
- Fautrel B, et al. Medicine 2002 ;81 :194-200

## Schwindel

- Colledge, N.R., J.A. Wilson, C. Macintyre et al.: The Prevalence and Characteristics of Dizziness in an Elderly Community. Age and Ageing 1994; 23: 117-120.
- Drachman, D.A., C.W. Hart.: An approach to the dizzy patient. Neurology 1972; 22: 323-334
- Sloane, Philip D.: Evaluation and management of dizziness in the older patient. Clinics in geriatric medicine 1996, 12: 785-801
- Kroenke K, Spitzer RL, Williams JB, et al. Physical symptoms in primary care. Predictors of psychiatric disorders and functional impairment. Arch Fam. Med. 1994, 3: 774-779
- Nedzelski, Julian M., Hugh O. Barber, et al: Diagnoses in a dizziness unit. The Journal of Otolaryngology 1986, 15: 101-104
- Kapfhammer H.P., C. Mayer, U. Hock et al. Phobischer Schwankschwindel, Eine Panikstörung – oder ? Nervenarzt 1995, 66: **Seiten???**

Springer Medizin Verlag; 2008. S. 30, 166-168, 226, 242, 476-479.

- Leveque Th, Trobe J, Sokol HN. Approach to the adult with acute persistent visual loss. UpToDate 2009 ([www.uptodate.com](http://www.uptodate.com) 23.09.2009).
- Rabady S, Rebhandl E, Sönnichsen A. EbM-Guidelines. 4. Auflage. Köln: Deutscher Ärzte-Verlag; 2008. S. 824-826, 1376-1377, 1432-1433, 1437-1444, 1451-1454, 1458-1466.

## Sturz

- Baraff LJ, Della Penna R, Williams N et al. Practice Guideline for the ED management of falls in community dwelling elder persons. *Ann Emerg Med* 1997; 30: 480-9.
- Tinetti ME, Baker DI, Dutcher J, Vincent JE, Rozett RT. Reducing the risk of falls among older adults in the community. Berkeley, CA: Peaceable Kingdom Press, 1997.
- Man-Son-Hing M, Nichol G, Lau A et al. Choosing Antithrombotic Therapy for Elderly Patients With Atrial Fibrillation Who Are at Risk for Falls. *Arch Intern Med*. 1999;159:677-85.
- American Geriatrics Society, British Geriatrics Society and American Academy of Orthopaedic Surgeons Panel on Fall Prevention. Guidelines for the Prevention of Falls in older Persons. *J Amer Geriatric Soc* 2001; 49: 664-72.
- Masud T, Morris RO. Epidemiology of falls. Age and Ageing 2001; 30:S4: 3-7.
- Rubenstein LZ, Powers CM, MacLean CH. Quality Indicators for the Management and Prevention of Falls and Mobility Problems in vulnerable elders. *Ann Int Med*. 2001; 135(8): 686-93.
- Wettstein A, Conzelmann M, Heiss HW (Hrsg). Checkliste Geriatrie. Georg Thieme Verlag Stuttgart New York 2001.
- Ensrud KE, Blackwell TL, Mangione CM et al. Central nervous system-active medications and risk for falls in older women. *J Am Geriatr Soc* 2002 ;50 : 1629-37.
- Grob D, Stuck AE. Der Sturz im Alter. In: Medizinische Notfälle. Thieme 2003; 439-47.
- Man-Son-Hing M, Laupacis A. Anticoagulant-Related Bleeding in Older Persons With Atrial Fibrillation. *Arch Intern Med* 2003 ;163 :1580-86.
- Chang JT, Morton SC, Rubenstein LZ et al. Interventions for the prevention of falls in older adults: systematic review and meta-analysis of randomised clinical trials. *BMJ* 2004 ;328 :680.

## Synkope

- Linzer M, Yang EH, Estes NA, et al. Diagnosing syncope Part 1. Value of history, physical examination, and electrocardiography. *Ann Intern Med* 1997 ;126 :989-96.
- Linzer M, Yang EH, et al. Diagnosing syncope Part 2. Unexplained syncope. *Ann Intern Med* 1997 ;127 :76-86.
- Pruvot E, Vasallei G, Kappenberger L. De l'approche diagnostic au traitement de la syncope. *Med Hyg* 1999 ;57 :1182-9.
- Kapoor WN. Syncope. *N Engl J Med* 2000 ;343 :1856-62.
- Brignole M, Alboni P, Benditt D, et al. Task force on syncope, European Society of Cardiology. Part 1. The initial evaluation of patients with syncope. *Europace* 2001 ;3 :253-60.
- Brignole M, Alboni P, Benditt D, et al. Task force on syncope, European Society of Cardiology. Part 2. Diagnostic tests and treatment: summary of recommendations. *Europace* 2001 ;3 :261-8.
- Brignole M, Alboni P, Benditt D, et al. Guidelines on management (diagnosis and treatment) of syncope. *Eur Heart J*. 2001 ;22 :1256-1306.
- Sarasin FP, Louis-Simonet M, Carballo D, et al. Prospective evaluation of patients with syncope: a population-based study. *Am J Med* 2000 ;111 :177-84.
- Sarasin FP, Louis-Simonet M, Carballo D, et al. Prevalence of orthostatic hypotension among pati-

ents presenting with syncope in the ED. *A J Emerg Med* 2002 ;20 :497-501.

- Sarasin FP, Junod AV, Carballo D, et al. Role of echocardiography in the evaluation of syncope: a prospective study. *Heart* 2002 ;88 :363-7.
- Kapoor WN. Current evaluation and management of syncope. *Circulation* 2002 ;106 :1606-9.
- Brignole M, Alboni P, Benditt DG, et al. Guidelines on management (diagnosis and treatment) of syncope - Update 2004. *Eur Heart J* 2004 ;25 :2054-72.
- Sarasin FP, Pruvot E, Louis-Simonet M, et al. Stepwise evaluation of syncope: A prospective population-based controlled study. *Int J Cardiol* 2008 ;127 :103-11.
- Moya A, Sutton R, Ammirati F, et al. ESC Guidelines. Guidelines for the diagnosis and management of syncope (version 2009): the Task Force for the Diagnosis and Management of Syncope of the European Society of Cardiology (ESC). *Eur Heart J* 2009 ;30 :2631-71.
- Kühne M, Osswald St. Synkopendiagnostik: Kardiale und vasogale Ursachen unterscheiden. *Hausarztpraxis* 2010 ;14: 24-6.

## Thoraxschmerzen - Brustschmerzen

- Schranz W. Chest pain: differential diagnosis in general practice. *Fortschr Med*. 1979;97:1543-7.
- Meisel JL. Differential diagnosis of chest pain in adults. UpToDate 2009.
- Meisel JL. Diagnostic approach to chest pain in adults UpToDate 2008.
- Hollander JE, Chase M. Evaluation of chest pain in the emergency department. UpToDate 2008.
- Castell DO. Chest pain of esophageal origin, UpToDate 2007
- Wiese CM. Major causes of musculoskeletal chest pain. UpToDate, 2009.
- Wiese CM. Clinical evaluation of musculoskeletal chest pain. UpToDate 2007.
- Reeder BS, Kennedy HL. Criteria for the diagnosis of acute myocardial infarction UpToDate 2009.
- Manning WJ. Clinical manifestations and diagnosis of aortic dissection UpToDate 2008.

## Tremor

- Elbe RJ, Koller WC. Tremor. Johns Hopkins University Press, Baltimore 1990.
- Ghika J, Küntzer R, Regli F. Les tremblements. *Revue Suisse de medecins (Praxis)*. 1993 ;82 :759-68.
- Findly LJ, Koller WC. (eds.). Handbook of tremor disorders. Marcel Dekker, 1999.
- Habib-ur-Rehman. Diagnosis and management of tremor. *Arch Intern Med* 2000 ;160 :2438-44.
- Habib-ur-Rehman. *Arch Intern Med* 2000 ;160 :2438-44.
- Gerschlagner W. Tremor – die häufigste Bewegungsstörung. *Neurolo und Psychiatrie* 2003 ;7:444-6.
- Sullivan KL, Hauser RA, Zesiewicz TA. Essentiel tremor. Epidemiology, diagnosis, and treatment. *Neurologist* 2004 ;10 :250-8.
- Practice parameter. Therapies for Essential Tremor. *Neurology* 2005; 64: 2008-20.

## Verwirrtheit und Demenz

- Inouye SK, van Dyk CH, Alessi CA. Clarifying Confusion: The Confusion Assessment Method. *Ann Intern Med* 1990 ;113 :941-8.
- Giannakopoulos P, et al. Démences et détérioration. *Pathologie Médicale*. Masson, 1995 ;2 :405-17.
- Giannakopoulos P, et al. Confusion mentale. *Pathologie Médicale*. Masson, 1995 ;2 :418-28.
- Hock C, Müller-Spahn F. Verwirrheitszustände im Alter. *Schweiz Rundsch Med Prax* 1999 ;88 :998-1006.
- Ott A, Stolk RP, van Harskamp F, et al. Diabetes mellitus and the risk of dementia: The Rotterdam Study. *Neurology* 1999 ;53 :1937-42.

- Ely EW, Truman B, Shintani A, et al. Monitoring sedation status over time in ICU patients: reliability and validity of the Richmond Agitation-Sedation Scale (RASS). JAMA 2003 ;289 :2983-91.

#### Mini-mental state (FOLSTEIN)

- Folstein MF, Folstein SE, McHugh PR. «Mini-mental state» : a practical method for grading the cognitive state of patients for the clinician. J Psych Res 1975 ;12 :189-98.